

Turkish Broiled Lamb Steak

1 teaspoon prepared mustard
1 teaspoon honey
a pinch of thyme

Oven-broil or pan-broil a lamb steak of your choice. Do not marinate.
Five minutes before the end of the cooking period, brush with the following mixture:

1 teaspoon prepared mustard
1 teaspoon honey
a pinch thyme

Serve with puréed lentils.